### **Resident Spotlight**



### Pam

Pam has lived here at The Village for several months. In her spare time, she enjoys talking with her neighbors and meeting new people. Before retiring and joining our community, Pam worked in civil service as an executive secretary for multiple commanding generals in the U.S. Army. With this position, Pam was able to travel around the world to places such as Hong Kong, Taiwan, Japan, and Hawaii where she met her husband.

### Team Member Spotlight



Randi, Housekeeper

This month's staff spotlight goes to our Randi! Randi joined our housekeeping team this summer. Before becoming one of the "Village People," Randi worked at Value Village, taking donations and calling dibs on the good stuff. In her spare time, Randi enjoys watching wrestling, working out, and hanging out with her twin brother! What keeps Randi coming back to The Village every day is her love for the residents and bonds she's made with her coworkers.





Harvest Happy Hour:

Every second Friday, we host a specially-themed happy hour with live music.
Residents are guaranteed to enjoy the smooth jazz stylings of JD Dorland and Company, who continue to show up and entertain our crowds.





**Petite Pumpkin Plates:** Residents were treated to a special visit by Lori Blevins who brought ceramic pumpkin plates for residents to paint. It was a packed house with resident artists such as Sally and Linda in attendance.





November 2024

# The Village Voice

Independent & Assisted Living | Memory Care 4707 S. Orchard Street | Tacoma, WA 98466 | 253-475-4707



## A Note from the Executive Director



Dawn Belote, Executive Director As we step into November, a month dedicated to gratitude and reflection, we're excited to share all the wonderful activities and events planned for our community. The changing seasons inspire us to come together, celebrate our bonds, and cherish the moments that matter most.

On Friday, November 8th, we will be having our Friendsgiving Happy Hour. We'll gather in the dining lounge. While you are enjoying the "Friendstivities," stop by the Thankful Wall and share what you are especially thankful for this year.

Join us for our Annual Thanksgiving Feast on November 28<sup>th</sup> at 4:30! We'll gather in the dining room for a festive meal featuring traditional dishes, delightful desserts, and warm company.

In the spirit of showing thanks, if you pass by someone as you go about your day, please take a moment to express your appreciation.

As we reflect on the past year, let's remember to appreciate the small joys and the community we've built. We are grateful for each resident, family member, and employee.

I personally want to take this opportunity to thank all of you for being part of our community. We look forward to a month filled with gratitude, connection, and fun!

# HAPPY Birthday

#### Residents

- Lorraine, Nov. 13
- Thomas, Nov. 13
- Dorothy, Nov. 19
- Cecilia, Nov. 19
- Nancy, Nov. 21
- Marge, Nov. 27

Staff

- Amanda, Nov. 11
- Michelle, Nov. 27

SUN	MON	TUE	WED	THU	FRI	SAT
	*For Saturday Outings please bring your own spending money.  *Activities held in Memory Care are open to all residents  * Activities possible to change				1 Food Drive Begins! 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge: Yacht Dad Rock	9:30 Chair Yoga 10:00 Open Makers Space 10:15 <b>Scenic Drive</b> 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
:30 Morning Meditation 0:30 Devotional & Social 2:30 Yarn & Fibers Club :30 Puzzles & Games :00 Movie Matinee :30 <b>Support Group</b> :00 Weekend Wind Down	9:30 Coffee & Chat 10:30 Rise & Stretch 12:30 Open Paint Studio 1:00 Activity Meeting 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Classical Music	5 Election Day DR APPTS 9:30 Chair Yoga 10:00 Catholic Mass 10:30 Voting Center Outing 12:30 Presidential Trivia! 2:00 Pet Therapy with Sinbad 3:30 1st Floor Meet & Greet	9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Craft: Tapestry Weaving 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Popcorn Balls	7 DR APPTS 9:30 Coffee Chat 10:30 Tai Chi 1:00 Resident Townhall 2:00 Gardening Club: Winter Preparations 2:30 Joy Luck Club 3:30 Quick Craft: Meditative Mandala Art	8 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Friendsgiving Happy Hour 5:30 Music in the Lounge: Madam Butterfly	9 9:30 Chair Yoga 10:00 Open Makers Space 10:30 Viking Days Festival a Normanna Hall 12:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
0:30 Morning Meditation 0:30 Devotional & Social 2:30 Yarn & Fibers Club :30 Puzzles & Games :00 Movie Matinee :30 Mexican Trains :00 Weekend Wind Down	9:30 Coffee & Chat 10:30 Rise & Stretch 11:30 Veterans Luncheon 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Folk Music	DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Riddle Me This! 2:00 Pet Therapy with Sinbad 2:30 Billiards 3:30 2nd Floor Meet & Greet	2:00 Movie Matinee	14 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club: Winter Preparations 2:30 Joy Luck Club 3:30 Quick Craft: Corn Husk Dolls	15 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge: Motown Greats	9:30 Chair Yoga 10:00 Open Makers Space 10:30 Haunted Farmer's Market Outing 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
7 Take a Hike Day :30 Virtual Trail Hike 0:30 Devotional & Social 2:30 Yarn & Fibers Club :30 Puzzles & Games :00 Movie Matinee :30 Support Group :00 Weekend Wind Down	9:30 Coffee & Chat 10:30 Rise & Stretch 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Country's Best	19 DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Name That Song! 1:00 Live Music: Carson Lilley 2:00 Pet Therapy with Sinbad 3:30 3rd Floor Meet & Greet	9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Craft: Quillwork 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Ginger-bread men	21 DR APPTS 9:30 Coffee Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club: Winter Preparations 2:30 Joy Luck Club 3:30 Quick Craft: Ornamental Leaves	10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 New Resident Mixer 5:30 Music in the Lounge: Night at the Grand Ole Opry	9:30 Chair Yoga 10:00 Open Makers Space 10:30 Thrift Shop Hopping and Café Luncheon 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games



Giving is Receiving: Food Drive 10/1—10/29 Reception Desk

Election Day: Voting Trip 10/5 at 10:30 AM Meet at Front Desk

Resident Townhall 10/7 at 1 PM Assembly Room

Friendsgiving Happy Hour 10/8 at 3:30 PM Dining Lounge

Veterans Day Luncheon 10/11 at 11:30 AM Dining Room

Live Music w/ Carson Lilley 10/19 at 1 PM Dining Lounge

Thanksgiving Dinner 10/28 at 4:30 PM Dining Room

Coffee & Hot Cocoa

Music in the Lounge

Movie Matinee

9:30

1:00

2:00

10:30 Chair Yoga

11:00 Holiday Bazaar

3:30 Board Games

10:30 Trip to Wal-Mart &

**Fred Meyer** 

12:30 Sit & Be Fit: Dance

3:30 Nov. Birthdays Party

5:30 Music in the Lounge:

**Holiday Carols** 

1:30 Flower Arranging

2:00 Movie Matinee



Our mission is to create and maintain comfortable, caring environments for those who depend on us.

DR APPTS

10:30 Tai Chi

9:30 Hot Cider & Chat

1:00 Thanksgiving Bingo!

**Preparations** 

2:30 Giving Thanks Social

4:30 Thanksgiving Dinner

2:00 Gardening Club: Winter

3:30 Quick Craft: Ornaments

9:30 Coffee & Chat

2:00 Pet Therapy with Sinbad | 2:00 Movie Matinee

3:30 4th Floor Meet & Greet 3:00 Cooking Crew: Petite

10:30 Praise Covenant

2:30 Poker with Justin

Pumpkin Pie

Church & Errands Run

12:30 Craft: No Sew Scarves

9:30 Morning Meditation

10:30 Devotional & Social

12:30 Yarn & Fibers Club

1:30 Puzzles & Games

5:00 Weekend Wind Down

2:00 Movie Matinee

3:30 Mexican Trains

9:30 Coffee & Chat

10:30 Rise & Stretch

2:00 Movie Matinee

12:30 Open Paint Studio

3:00 Monday Manicures

World Music

5:30 Music in the Lounge:

DR APPTS

9:30 Fireside Cider

10:30 Chair Yoga

12:30 Trivia Hour!

2:30 Billiards

NOVEMBER 2024 The Village • Memory Care • 4707 S. Orchard Street, Tacoma, WA 98466 • 253-475-4707								
SUN	MON	TUE	WED	THU	FRI	SAT		
					1 Food Drive Begins! 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Cooking Crew: Fall Chex Mix 3:00 Laundry Folding	2 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 10:15 <b>Scenic Drive</b>		
8:00 Tea & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Puzzles & Mazes 3:30 Support Group 5:00 Weekend Wind Down	8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 10:00 Catholic Mass 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Bowling 5:30 Sundown Wind Down	8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Fall Leaves 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Sack Toss 5:30 Sundown Wind Down	12:30 Bingo! 2:00 Cooking Crew: Pigs in a Blanket	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Pressed Flowers 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down		
10 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Guess 5 5:00 Weekend Wind Down	11 Veterans Day 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 11:30 Veterans Luncheon 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Ring Toss 5:30 Sundown Wind Down	8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Felt Pies 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Cornhole 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down		
17 Take a Hike Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Virtual Trail Hike 2:30 Relax & Refresh 3:00 Brain Games 3:30 Support Group 5:00 Weekend Wind Down	18 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:00 Live Music: Carson Lilley 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Color Sorting 5:30 Sundown Wind Down	20 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Wreaths 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Raking Leaves 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Cooking Crew: Apple Turnovers	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Pressed Flowers 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down		
24 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Crosswords 5:00 Weekend Wind Down	8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Turkey Bowling 5:30 Sundown Wind Down	8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Craft: Ornaments 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	28 Thanksgiving Day 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Thanksgiving Bingo! 2:30 Giving Thanks Social 4:30 Thanksgiving Dinner 5:30 Sundown Wind Down	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Cooking Crew: Popcorn	8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 1:00 Music in the Lounge 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down		



upcoming events

Giving is Receiving: Food Drive 10/1—10/29 Reception Desk

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