

Resident Spotlight



Marge

This month's Resident Spotlight falls on one of our many Margarets, Marge. She has lived at The Village for four years. In a previous chapter of life, Marge worked as an RN for 20 years. In her spare time, Marge likes to paint, knit, crochet, and listen to music. She can often be found in the Activity Room or in attendance when there is live music in the community. Marge has traveled to the Santorini Islands in Greece and the Amalfi coast in Italy. She is a proud mother of one son with 3 grandchildren and 2 great grandchildren. When you see Marge in the community, make sure to say hello!

Team Member Spotlight



Kathy, Receptionist

If you have visited us here at The Village, then without a doubt you've had the pleasure of meeting Kathy, the community receptionist.

Kathy holds the record of working at The Village with a whopping 35 years, starting in 1985! In her spare time, Kathy enjoys gardening, photographing sunsets, being outside, and hanging out with her dog Diva. The secret to what makes The Village so special for Kathy is that every day brings something new!

moments captured



Above: A Wonderful Show. Janet Rayor and Toby Hanson are amazing performers in the Seattle area. Twice now, they have graced us with song and dance, sometimes even bringing residents and staff into their performance to cut a little rug. Thank you for sharing your talent with us!

Above: NALW. This year's National Assisted Living Week included a group mural and spirit week. Here we can see residents Ingrid and Lynn starting work on our mural.

Share Your Thoughts This October!

Resident & Responsible Party Satisfaction Survey

Residents and Responsible Parties, please keep an eye on your email for our Annual Satisfaction Survey! We are sending out our annual survey links from September 27th. The survey window is open through October 31st.

★★★★★

Your participation is greatly appreciated!

The Village Voice

Independent & Assisted Living | Memory Care
4707 S. Orchard Street | Tacoma, WA 98466 | 253-475-4707



A Note from the Executive Director



Dawn Belote,
Executive Director

As we welcome the vibrant colors of October, we reflect on the meaningful celebrations from the second week of September—Assisted Living Appreciation Week.

As we move further into the fall season, it's essential to keep in mind that October also marks the beginning of COVID-19, flu, and RSV season. We want to ensure the health and safety of our residents, staff, and visitors. Here are some key precautions to keep in mind:

Vaccinations: The flu vaccine is especially important this time of year, as is the updated COVID-19 vaccine. Also, the CDC is recommending everyone over 75 receive the RSV vaccine.

Hygiene Practices: Regular handwashing and the use of hand sanitizer can significantly reduce the spread of viruses.

Masks: In crowded or high-risk situations, wearing a mask can help protect everyone in our community. We appreciate your cooperation in following any mask recommendations.

Monitoring Symptoms: If you or your loved ones exhibit any symptoms of illness, please stay home.

Together, we can navigate this season with care and compassion, ensuring that our community remains a safe and joyful place to live. Thank you for your ongoing support and commitment to the well-being of our residents!

HAPPY Birthday

Residents


- Trish, 10/15
- Richard, 10/17
- Marion, 10/17
- Frances, 10/26
- Sally, 10/28

Staff

- Eric M., 10/3
- Rene, 10/6
- Jazmyn, 10/20
- Randi, 10/22
- Corie, 10/26

OCTOBER 2024

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SUN	MON	TUE	WED	THU	FRI	SAT
		1 Intl. Day for Seniors DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Back Down Memory Lane: Reminisce Game 2:00 Pet Therapy w/ Sinbad 2:30 Balloon Volleyball 3:30 1st Floor Meet & Greet: Show & Tell	2 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Tissue Paper Flowers 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Sauerkraut	3 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Resident Townhall 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Quick Craft: Pretzel Wreath	4 Trip to Wal-Mart & Fred Meyer 10:30 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Oktoberfest Party 5:30 Music in the Lounge: Opera's Best	5 9:30 Chair Yoga 10:00 Open Makers Space 10:15 Scenic Drive 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
	6 Mad Hatter Day: Funny Hat Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Puzzles & Games 2:00 Movie Matinee 3:30 Paint & Sip (Tea) 5:00 Weekend Wind Down	7 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 1:00 Activity Meeting 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Classical Music	8 DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Health Talk w/ Marlo Goetz 2:00 Pet Therapy w/ Sinbad 2:30 Trivia Hour 3:30 2nd Floor Meet & Greet: Show & Tell	9 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 11:00 Walmart Vision Center 12:30 Mexican Tin Art 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Elote/ Mexican Street Corn	10 DR APPTS 9:30 Hot Cocoa & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Quick Craft: Tissue Paper Stained Glass	11 Trip to Wal-Mart & Fred Meyer 10:30 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Harvest Happy Hour w/ JD Dorland & Company 5:30 Music in the Lounge: Bluegrass
13 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Puzzles & Games 2:00 Movie Matinee 3:30 Mexican Train Game 5:00 Weekend Wind Down	14 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Folk Music	15 I Love Lucy Day DR APPTS 9:30 Fireside Cider 10:00 <i>I Love Lucy</i> Marathon 10:30 Chair Yoga 1:00 Live Music: Carson Lilley 2:00 Pet Therapy w/ Sinbad 3:30 3rd Floor Meet & Greet: Show & Tell	16 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Fall Soap Making 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Pasta Salad	17 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Quick Craft: Corn Husk Dolls	18 Trip to Wal-Mart & Fred Meyer 10:30 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge: Broadway Classics	19 Sweetest Day 9:30 Chair Yoga 10:00 Open Makers Space 10:30 Barnes & Noble Café Luncheon 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
20 Train Your Brain Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Puzzles & Games 2:00 Movie Matinee 3:30 Scattegories 5:00 Weekend Wind Down	21 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Café Jazz	22 Color Day: Favorite Color Day DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Name That Song! 2:00 Pet Therapy w/ Sinbad 2:30 Billiards 3:30 4th Floor Meet & Greet: Show & Tell	23 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Leaf Imprint Dishes 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Harvest Salad	24 DR APPTS 9:30 Hot Cocoa & Chat 10:00 Pumpkin Decorating Contest Begins 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Quick Craft: Origami	25 Trip to Wal-Mart & Fred Meyer 10:30 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 October Birthdays Party 5:30 Music in the Lounge: Lowrider Oldies	26 9:30 Chair Yoga 10:00 Open Makers Space 10:30 Lakewood Town Center 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
27 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Puzzles & Games 2:00 Movie Matinee 3:30 Mexican Train Game 5:00 Weekend Wind Down	28 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge: Bossa Nova	29 DR APPTS 9:30 Fireside Cider 10:30 Chair Yoga 12:30 Riddle Me This! 2:00 Pet Therapy with Mr. Sinbad 2:30 Talent Show 3:30 New Resident Mixer	30 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Harvest Mosaics 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Rice Krispie Brains	31 Halloween DR APPTS 9:30 Hot Cocoa & Chat 10:30 Tai Chi 1:00 Spooky Bingo! 2:00 Gardening Club 2:30 Monster Mash Party! 3:30 Pumpkin Decorating Contest Judging	*For Saturday outings, please bring your own spending money. *Clubs are predominately resident led. *Activities held in Memory Care are open to all residents	



upcoming events

- Resident Townhall, 10/3 at 1 PM**
- Oktoberfest Party, 10/4 at 3:30 PM**
- Health Talk with Marlo Goetz, 10/8 at 12:30 PM**
- Harvest Hapy Hour with JD Dorland & Company, 10/11 at 3:30 PM**
- Live Music by Carson Lilley, 10/15 at 1 PM**
- October Birthday Party, 10/25 at 3:30 PM**
- Talent Show & New Resident Mixer, 10/29**
- Monster Mash Party, 10/31 at 2:30 PM**



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SUN	MON	TUE	WED	THU	FRI	SAT
		1 Intl. Day for Seniors 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:30 1st Floor Meet & Greet: Show & Tell 5:30 Sundown Wind Down	2 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Pretzel Wreath 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	3 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	4 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Cooking Crew: Sauerkraut 2:30 Laundry Folding 3:30 Oktoberfest Party 5:30 Sundown Wind Down	5 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 10:15 Scenic Drive 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
	6 Mad Hatter Day: Funny Hat Day 8:00 Tea & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Puzzles & Mazes 5:00 Weekend Wind Down	7 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	8 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Bowling 5:30 Sundown Wind Down	9 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Corn Husk Dolls 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	10 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Sack Toss 5:30 Sundown Wind Down	11 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Cuban Black Bean Soup 2:30 Laundry Folding 3:30 Harvest Happy Hour with JD Dorland
13 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Guess 5 5:00 Weekend Wind Down	14 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	15 I Love Lucy Day 8:00 <i>I Love Lucy</i> Marathon 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:00 Live Music: Carson Lilley 2:30 Pet Therapy with Sinbad 3:00 Ring Toss 5:30 Sundown Wind Down	16 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft: Tissue Paper Stained Glass 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	17 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Indoor Hockey 5:30 Sundown Wind Down	18 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Fall Pumpkin Parfait 2:30 Laundry Folding 3:00 Cornhole 5:30 Sundown Wind Down	19 Sweetest Day 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh: Ice Cream Cart 3:00 Music Therapy 5:30 Sundown Wind Down
20 Train Your Brain Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Brain Games 5:00 Weekend Wind Down	21 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	22 Color Day: Favorite Color Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Sinbad 2:30 Relax & Refresh 3:00 Color Sorting 5:30 Sundown Wind Down	23 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Craft: Harvest Mosaics 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	24 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 10:00 Pumpkin Decorating Contest Begins 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Raking Leaves 5:30 Sundown Wind Down	25 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Cooking Crew: Chocolate Pretzel Spider Webs 2:30 Laundry Folding 3:30 October Birthdays Party 5:30 Sundown Wind Down	26 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
27 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Crosswords 5:00 Weekend Wind Down	28 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Clean Up 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	29 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Flower Arranging 2:30 Talent Show 3:30 New Resident Mixer 5:30 Sundown Wind Down	30 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Craft: Fabric Pumpkins 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	31 Halloween 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Spooky Bingo! 2:30 Monster Mash Party! 3:30 Pumpkin Decorating Contest Judging 5:30 Sundown Wind Down		



Oktoberfest Party, 10/4 at 3:30 PM

Scenic Drive, 10/5 at 10:15 AM

Harvest Hapy Hour with JD Dorland & Company, 10/11 at 3:30 PM

Live Music by Carson Lilley, 10/15 at 1 PM

October Birthday Party, 10/25 at 3:30 PM

Talent Show & New Resident Mixer, 10/29

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