

## Resident Spotlight



### Vivian & Richard

For the last 37 years, Vivian and Richard have been side by side through it all. In their spare time, they enjoy taking walks in the garden, playing Bingo, and watching football. Richard served in the Navy for 20 years doing a little bit of everything and traveling all over the world. Vivian worked for some time in West Seattle and has fond memories of raising their 3 children together. When you see this pair make sure to say hello!

## Team Member Spotlight



### Jazmyn, Dining Server

If you've dined with us at The Village then you've definitely had the pleasure of meeting Jazmyn. Jazmyn has been with us here at The Village for a little over a year working as a dining server. When she is not at work, she enjoys going on hikes with her son and taking their little chiweenie to the park. Jazmyn finds joy in working with seniors, many of who she sees as family, and spending time with our residents. We're so happy to have Jazmyn as a member of our village!

# moments captured



**Bingo Besties:**  
Peggy and Lil sharing giggles during a particularly entertaining game of Bingo.



**A Day with the King:** Life enrichment assistant Justin put on his *blue suede shoes* and got residents like Sandy *all shook up* for last month's Elvis Day. There was *a little less conversation* with trivia and karaoke, but *that's all right, mama*.



[www.thevillage-tacoma.com](http://www.thevillage-tacoma.com)



September 2024

# The Village Voice

Independent & Assisted Living | Memory Care 4707 S. Orchard Street | Tacoma, WA 98466 | 253-475-4707



## A Note from the Executive Director

As September unfolds and we say goodbye to summer, we welcome the crisp, cool, wet air and the vibrant colors of autumn. This is a wonderful time to reflect on the changing seasons and the many exciting events and activities we have lined up for you.

Here's a look at what's in store for this month:

- Pet Therapy with our local pet therapist – Mr. Sinbad.
  - Hawaiian Dance Basics.
  - Meet & Greet(s).
  - Cooking Crew
  - Outing to the Washington State Fair.
  - Live music with Dan Hausler & Carsen Lilley.
  - Our Grandparents' Day Sunday Sundae Bar
- September is also Health and Wellness Month, and we always have a full range of activities designed to keep you feeling your best.

Some reminders:

**Transportation Services:** If you need assistance with transportation for appointments or outings, please contact Kathy at the front desk to schedule a ride. Keep in mind transportation is offered on a first come first serve basis and only offered within Tacoma city limits.

**Feedback:** We value your input and appreciate your compliments. Please take a moment to leave feedback on your favorite online review website. Also, find us on Facebook or Google.

As always, we are grateful for the vibrant community spirit that makes The Village Senior Living such a special place.

## HAPPY Birthday

### Residents

- Don, 9/3
- Carmen, 9/7
- Margaret, 9/27

### Staff

- Jessica, 09/07
- Karen, 09/08
- Jackie, 09/13
- Pam, 09/16
- Emily, 09/17
- Mario, 09/26

# SEPTEMBER 2024

The Village • Independent & Assisted Living • 4707 S. Orchard Street, Tacoma, WA 98466 • 253-475-4707

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Board Games 2:00 Movie Matinee 4:00 Support Group 5:00 Weekend Wind Down	<b>2</b> 9:00 Rise & Stretch 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Staff Appreciation Notes 1:00 <b>Activity Meeting</b> 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge	<b>3</b> <b>DR APPTS</b> 9:30 Fireside Cider 10:30 Catholic Mass 10:30 Qi Gong 12:30 Name That Song! 2:00 Pet Therapy with Mr. Sinbad 2:30 Hawaiian Dance Basics 3:30 <b>1st Floor Meet &amp; Greet</b>	<b>4</b> 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Paper Clay Sculpture 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Musubi	<b>5</b> <b>DR APPTS</b> 9:30 Coffee & Chat 10:30 Tai Chi 1:00 <b>Resident Townhall</b> 2:00 Gardening Club 2:30 Bridge & Cribbage Club 5:30 Music in the Lounge	<b>6</b> <b>WA State Fair Outing</b> 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge	<b>7</b> 9:30 Chair Yoga 10:00 Classic TV Marathon 10:15 <b>Scenic Drive</b> 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
<b>8 Grandparents' Day &amp; Natl. Assisted Living Week Begins</b> 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 <b>Sunday Sundaes Bar for Grandparents' Day!</b> 5:00 Weekend Wind Down	<b>9</b> 9:00 Rise & Stretch 9:30 Coffee & Create 10:30 Gardening Club 12:30 Group Mural 2:00 Movie Matinee 2:15 Monday Manicure & Hand Massage 5:30 Music in the Lounge  TEAM SPIRIT DAY	<b>10</b> <b>DR APPTS</b> 9:30 Fireside Cider 10:30 Qi Gong 12:30 Autumn Trivia! 2:00 Pet Therapy with Mr. Sinbad 2:30 <b>Billiards Tournament</b> 3:30 <b>2nd Floor Meet &amp; Greet</b>  DISGUISES DAY	<b>11</b> 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 11:00 Walmart Vision Center 12:30 Fall Garlands 2:00 Movie Matinee 2:30 <b>Poker Tournament</b> 3:00 <b>Live Music: Dan Hausler</b>  RED WHITE & BLUE DAY	<b>12</b> <b>DR APPTS</b> 9:30 Hot Cocoa & Chat 10:30 Tai Chi 1:00 <b>Bingo Championship!</b> 2:00 Gardening Club 2:30 Bridge & Cribbage Club 5:30 Music in the Lounge  ANY AGE DAY	<b>13</b> <b>Trip to Wal-Mart &amp; Fred Meyer</b> 12:30 <b>Resource Fair</b> 1:30 Flower Arranging 2:00 Movie Matinee 3:30 <b>Happy Hour with JD Dorland</b> 5:30 Music in the Lounge  SWEATER WEATHER DAY	<b>14</b> 9:30 Chair Yoga 10:00 Classic TV Marathon 10:30 Chess Club 12:30 <b>Tacoma Moon Festival</b> 2:00 Movie Matinee 3:30 Board Games  WACKY & TACKY DAY
<b>15</b> 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Mexican Trains 5:00 Weekend Wind Down	<b>16</b> 9:00 Rise & Stretch 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Pet Therapy with Mr. Sinbad 3:00 Monday Manicures 5:30 Music in the Lounge	<b>17</b> <b>DR APPTS</b> 9:30 Fireside Cider 10:30 Qi Gong 1:00 <b>Live Music: Carson Lilley</b> 2:00 Movie Matinee 2:30 Indoor Bowling 3:30 <b>3rd Floor Meet &amp; Greet</b>	<b>18</b> 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Relief Drawing 2:00 Movie Matinee 2:30 Poker with Justin 5:00 Music in the Lounge	<b>19</b> <b>DR APPTS</b> 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo 2:00 Gardening Club 2:30 Bridge & Cribbage Club 5:30 Music in the Lounge	<b>20</b> <b>Trip to Wal-Mart &amp; Fred Meyer</b> 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 <b>New Resident Mixer</b> 5:30 Music in the Lounge	<b>21</b> 9:30 Chair Yoga 10:00 Classic TV Marathon 10:30 <b>Moctezuma's Luncheon</b> 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
<b>22 Centenarians' Day &amp; Autumn Begins</b> 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 5:00 Weekend Wind Down	<b>23</b> 9:00 Rise & Stretch 9:30 Coffee & Create 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 5:30 Music in the Lounge	<b>24</b> <b>DR APPTS</b> 9:30 Fireside Cider 10:00 Documentary Marathon 10:30 Qi Gong 12:30 Riddle Me This! 2:30 Billiards 3:30 <b>4th Floor Meet &amp; Greet</b>	<b>25</b> 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Nature Stamps 2:00 Gardening Club 2:30 Poker with Justin 3:00 Cooking Crew: Smores	<b>26</b> <b>DR APPTS</b> 9:30 Hot Cocoa & Chat 10:30 Tai Chi 1:00 Bingo 2:00 Pet Therapy with Mr. Sinbad 2:30 Bridge & Cribbage Club 5:30 Music in the Lounge	<b>27</b> <b>9:30 Cancer Prevention Talk: Lakewood Senior Center</b> 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 <b>Sept. Birthdays Party</b> 5:30 Music in the Lounge	<b>28</b> 9:30 Chair Yoga 10:00 Classic TV Marathon 10:30 <b>Trip to Wal-Mart &amp; Fred Meyer</b> 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
<b>29 Fall Foliage Week Begins</b> 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Mexican Trains 5:00 Weekend Wind Down	<b>30</b> 9:00 Rise & Stretch 9:30 Coffee & Chat 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:00 Monday Manicures 5:30 Music in the Lounge		*For Saturday Outings please bring your own spending money.  *Clubs are predominately resident led  *Activities held in Memory Care are open to all residents			



Just a few of the many events for this month:

- 9/3 Hawaiian Dance Basics
- 9/6 Washington State Fair Outing
- 9/7 Scenic Drive
- 9/8 Grandparents' Day Sundaes Bar
- 9/11 Live Music Dan Hausler
- 9/13 Happy Hour with JD Dorland
- 9/14 Tacoma Moon Festival
- 9/8-9/14 National AL Week: Spirit Week
- 9/17 Live Music from Carson Lilley
- 9/27 Cancer Prevention Talk: Lakewood Senior Ctr.
- 9/27 Birthday Party



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SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Spa Sensory 5:00 Weekend Wind Down	<b>2</b> 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art: Staff Thank You Cards 5:30 Sundown Wind Down	<b>3</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:30 <b>1st Floor Meet &amp; Greet</b> 5:30 Sundown Wind Down	<b>4</b> 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Nature Prints 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	<b>5</b> 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Scrapbooking 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	<b>6</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Potato Salad 2:30 Laundry Folding 3:00 Soccer 5:30 Sundown Wind Down	<b>7</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 10:15 <b>Scenic Drive</b> 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
<b>8 Grandparents' Day</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Sunday Sundaes Bar for Grandparents' Day 3:00 Reminiscing: Grandparents 5:00 Weekend Wind Down	<b>9</b> 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	<b>10</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Bowling 5:30 Sundown Wind Down	<b>11</b> 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Final Summer Craft 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 <b>Live Music: Dan Hausler</b> 5:30 Sundown Wind Down	<b>12</b> 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Group Reading 2:30 Relax & Refresh 3:00 Watercolor Painting 5:30 Sundown Wind Down	<b>13</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Guacamole 2:30 Laundry Folding 3:30 <b>Happy Hour w/ JD Dorland</b> 5:30 Sundown Wind Down	<b>14</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 <b>Tacoma Moon Festival</b> 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
<b>15</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Guess 5 5:00 Weekend Wind Down	<b>16</b> 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	<b>17</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:00 <b>Live Music: Carson Lilley</b> 2:30 Relax & Refresh 3:00 Ring Toss 5:30 Sundown Wind Down	<b>18</b> 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Beaded Corn 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	<b>19</b> 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Bingo! 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	<b>20</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Vegetable Soup 2:30 Laundry Folding 3:00 Cornhole 5:30 Sundown Wind Down	<b>21</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
<b>22 Centenarians' Day &amp; Autumn Begins</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Brain Games 5:00 Weekend Wind Down	<b>23</b> 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	<b>24</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Flower Arranging 2:30 Relax & Refresh 3:00 Basketball 5:30 Sundown Wind Down	<b>25</b> 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Fall Craft 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	<b>26</b> 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Watercolor Painting 5:30 Sundown Wind Down	<b>27</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Harvest Salad 2:30 Laundry Folding 3:00 Velcro Catch 5:30 Sundown Wind Down	<b>28</b> 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
<b>29 Fall Foliage Week Begins</b> 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Crosswords 5:00 Weekend Wind Down	<b>30</b> 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down					



Just a few of the many events for this month:

- Each Tues.: Pet Therapy with Mr. Sinbad
- Each Fri.: The Village Cooking Crew Fun!
- 9/7 Scenic Drive
- 9/8 Grandparents' Day Sundaes Bar
- 9/11 Live Music Dan Hausler
- 9/13 Happy Hour with JD Dorland
- 9/14 Tacoma Moon Festival
- 9/17 Live Music from Carson Lilley
- 9/27 Birthday Party



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