

Resident Spotlight



Peggy

Peggy is one of our newest residents here at The Village. In her spare time, you can usually find her wandering the halls in search of “trouble”. Peggy is a sports fan, favoring baseball and tennis. You may be able to catch Peggy boasting on her former offers to go pro. Before joining our community, Peggy enjoyed a life as a beautician, the perfect career for someone who loves people, such as she. Peggy is a part of our village!

Team Member Spotlight



Emily, Memory Care Med-Tech

In our Team Member Spotlight this month we have Emily! Emily has been here with us at The Village for a year and a half now. Oh how time flies! Emily’s favorite part of her job is creating memories with residents. In her spare time, Emily enjoys taking care of her grandmother and playing with her two sons. Emily & her children love swimming and make it a point to go swimming at least once a week. Make sure to say hi to Emily when you see her throughout our community!

moments captured



Pet Therapy: One of our community pet therapy dogs, Mr. Sinbad, pays a visit to our Memory Care wing and makes friends with everyone he meets. Jeannie in particular has taken a liking to him.



Keeping Cool: Whether under the gazebo like Vivian and Richard or taking a dip in the pool like Justin and Marge, we are keeping cool this summer!



July 2024

The Village Voice

Independent & Assisted Living | Memory Care
4707 S. Orchard Street | Tacoma, WA 98466 | 253-475-4707

www.thevillage-tacoma.com



A Note from the Executive Director



Dawn Belote,
Executive Director

As we enter into the month of July, we find ourselves at the threshold of summer—a season of relaxation, adventure, and quality time with loved ones.

One of the greatest gifts of the summer is the opportunity to enjoy the outdoors, plan family gatherings, explore new activities, or create new traditions.

Speaking of creating new traditions—create them with us and your loved ones here at The Village. We have Saturday outings, late night Friday movies in the theater, and flower arranging every week.

During this season of relaxation, consider digital detox for quality time. Unplug and reconnect on a deeper level. Take a day where phones and devices take the backseat to face-to-face interactions.

As spoken by Justin (Life Enrichment Assistant), “Make every moment nostalgic.”

Have a blessed July!

HAPPY Birthday

Residents

- Liz, July 1st
- Richard, July 3rd
- Mary, July 30th

Staff

- Ann Marie, July 18th
- Jane, July 1st
- Anndell, July 25th
- Irene, July 24th

<div> <div>JULY 2024</div> <div> <div>The Village</div> <div>• Independent Living & Assisted Care</div> <div>• 4707 S. Orchard Street, Tacoma, WA 98466</div> <div>• 253-475-4707</div> </div> </div>						
SUN	MON	TUE	WED	THU	FRI	SAT
	1 9:00 Early Morning Journaling 10:30 Gardening Club 12:30 Open Paint Studio 1:00 Activity Meeting 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge	2 DR APPTS 9:30 Coffee & Chat 10:30 Catholic Mass 10:45 Qi Gong 12:30 Trivia Hour! 2:00 Pet Therapy with Mr. Sinbad 2:30 Billiards 3:30 1st Floor Meet & Greet	3 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 11:00 Eye Glass Repair 1:00 Resident Townhall 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Paint & Sip	4 Independence Day 9:30 Coffee & Chat 10:30 Tai Chi 12:00-2:00 BBQ Buffet 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Pops by the Pool 5:30 Music in the Lounge	5 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge	6 9:30 Chair Yoga 10:00 "That Girl" Marathon 10:30 Scenic Drive 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
7 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Support Group 5:00 Weekend Wind Down	8 9:00 Early Morning Journaling 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge	9 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Name That Song! 2:00 Pet Therapy with Mr. Sinbad 2:30 Indoor Bowling 3:30 2nd Floor Meet & Greet	10 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Ice Tie Dye 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Pickles	11 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Pops by the Pool 5:30 Music in the Lounge	12 Friday Floral Fiesta 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:00 Karaoke! 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge	13 9:30 Chair Yoga 10:00 "The Saint" Marathon 10:30 Thrifting and Donations Trip 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
14 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Wheelchair Wash & Repair 5:00 Weekend Wind Down	15 9:00 Early Morning Journaling 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge	16 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Trivia Hour! 1:00 Live Music: Carson Lilley 2:00 Pet Therapy with Mr. Sinbad 2:30 Croquet 3:30 3rd Floor Meet & Greet	17 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Paper Making 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: BBQ Chicken	18 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:00 Tech Support w/ Robert 5:30 Music in the Lounge	19 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge	20 Friends & Family Event 9:30 Chair Yoga 10:00 "The Carol Burnett Show" Marathon 10:30 Picnic Lunch at the Park (RSVP) 12:30 Game Room Romp 1:30 Wii Sports 3:30 Pops by the Pool
21 National Ice Cream Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Sunday Sundae Bar 5:00 Weekend Wind Down	22 9:00 Early Morning Journaling 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge	23 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Riddle Me This! 2:00 Pet Therapy with Mr. Sinbad 2:30 Indoor Hockey 3:30 4th Floor Meet & Greet	24 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 3D Beach Painting 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Meringue Cookies	25 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Pops by the Pool 5:30 Music in the Lounge	26 The Olympics Begin! 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Wii Sports 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge	27 9:30 Chair Yoga 10:00 "Dolly Parton's Heartstrings" Marathon 10:30 Tacoma's Arts and Cultural Festival 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games
28 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Wheelchair Wash & Repair 5:00 Weekend Wind Down	29 9:00 Early Morning Journaling 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge	30 Intl. Friendship Day DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Trivia Hour! 2:00 Pet Therapy with Mr. Sinbad 2:30 Billiards 3:30 New Resident Mixer	31 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Fish Bowl Soap 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Pizza			*For Saturday Outings please bring your own spending money. *Clubs are predominately resident led *Activities held in Memory Care are open to all residents



THE VILLAGE

SENIOR LIVING

July 2024

upcoming events



July 4 at Noon: BBQ Buffet


July 16 at 1 PM: Live Music by Carson Lilley


July 20 at 10:30 AM: Picnic Lunch at the Park (Please RSVP)

July 27 at 10:30 AM: Tacoma's Arts & Cultural Festival



Our mission is to create and maintain comfortable, caring environments for those who depend on us.

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SUN	MON	TUE	WED	THU	FRI	SAT
	1 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Stacking Stones 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	2 8:00 Cider & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	3 8:00 Coffee & News 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Sculpting 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Bowling 5:30 Sundown Wind Down	4 Independence Day 8:00 Hot Cocoa & News 9:00 Rise & Stretch 9:30 Leg Workout 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Horseshoes 4:00 Picnic in Garden 5:30 Sundown Wind Down	5 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Arm Workout 12:30 Bingo! 1:30 Village Cooking Crew: Fruit Salad 2:30 Laundry Folding 3:00 Balloon Volleyball 5:30 Sundown Wind Down	6 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 10:30 Scenic Drive 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
7 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Jigsaw Puzzles 5:00 Weekend Wind Down	8 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Item Sorting 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	9 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	10 8:00 Cider & News 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Summer Craft 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Soccer 5:30 Sundown Wind Down	11 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Leg Workout 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Weaving 5:30 Sundown Wind Down	12 8:00 Hot Cocoa & News 9:00 Rise & Stretch 9:30 Arm Workout 12:30 Bingo! 1:30 Village Cooking Crew: Rice Krispy Treats 2:30 Laundry Folding 3:00 Basketball 5:30 Sundown Wind Down	13 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
14 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Word Searches 5:00 Weekend Wind Down	15 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Tic Tac Toe 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	16 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	17 8:00 Coffee & News 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Quilting 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Horseshoes 5:30 Sundown Wind Down	18 8:00 Cider & News 9:00 Rise & Stretch 9:30 Leg Workout 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Paper Mache 5:30 Sundown Wind Down	19 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Arm Workout 12:30 Bingo! 1:30 Village Cooking Crew: Smoothies 2:30 Laundry Folding 3:00 Ring Toss 5:30 Sundown Wind Down	20 Friends & Family Event 8:00 Hot Cocoa & News 9:00 Rise & Stretch 10:00 Sit & Be Fit: Dance 11:00 Table Setting 12:30 Board Games 2:30 Ice Cream Social 3:00 Music Therapy 5:30 Sundown Wind Down
21 National Ice Cream Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:00 Ice Cream Making 3:00 Relax & Refresh 5:00 Weekend Wind Down	22 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jenga 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	23 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	24 8:00 Hot Cocoa & News 9:00 Rise & Stretch 10:30 Chill & Grill 12:30 Summer Craft 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	25 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Leg Workout 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Scrapbooking 5:30 Sundown Wind Down	26 The Olympics 8:00 Cider & News 9:00 Rise & Stretch 9:30 Arm Workout 12:30 Bingo! 1:30 Village Cooking Crew: Smores 2:30 Laundry Folding 3:00 Indoor Hockey 5:30 Sundown Wind Down	27 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
28 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Crosswords 5:00 Weekend Wind Down	29 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Toss & Talk 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	30 Intl. Friendship Day 8:00 Hot Cocoa & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	31 8:00 Coffee & News 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Tie Dye 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Velcro Catch 5:30 Sundown Wind Down			

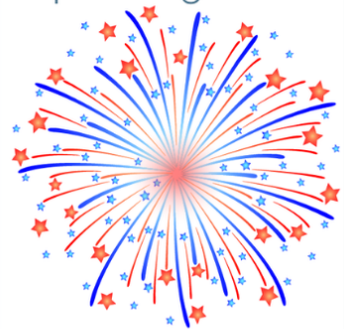


THE VILLAGE

SENIOR LIVING

July 2024

upcoming events




July 4 at 4 PM: Picnic In the Garden

Tuesdays at 1:30 PM: Pet Therapy with Mr. Sinbad

July 20 at 10:30 AM: Picnic Lunch at the Park (Please RSVP)

July 24 at 10:30 AM: Chill & Grill

July 26: Village Cooking Crew– S’mores



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