

Resident Spotlight



Karen

In the resident spotlight this month we have Karen! Karen has been living at The Village for nearly 30 years and has become our community's Official Greeter and Resident Activity Liaison. In her spare time, Karen enjoys reading and taking trips to the local library in search of more books to read and swap books with her best friend Jan. Karen is a special part of our Village!

Team Member Spotlight



Ann Marie, Lead Caregiver

Ann Marie is a special member of our community. She has worked in the caregiving field for 10+ years, 5 of those years with us here at The Village. Ann Marie is an award winning caregiver, driven by her love for people. In her spare time, she enjoys gardening and spending time with her family. If you see Ann Marie in the neighborhood make sure to say hello!

moments captured



Biscuit Break: Pet Therapy Director Sinbad having a break during a busy day giving cuddles to residents and staff. Sinbad can be found assisting in activities and running Pet Therapy every Tuesday!



Independence Day: Everyone was in the 4th of July spirit this year. From Frankie grilling for the masses to Renee showing her patriotism with a flag in her hair. Agnes, Irene, and Ann Marie can be seen tending to residents in Memory Care during their picnic in the garden.



www.thevillage-tacoma.com

August 2024

The Village Voice

Independent & Assisted Living | Memory Care
4707 S. Orchard Street | Tacoma, WA 98466 | 253-475-4707



A Note from the Executive Director



Dawn Belote,
Executive Director

As we embrace the peak of summer and approach the month of August, I hope this message finds you all in good spirits. It's hard to believe how quickly time flies, especially when we're enjoying the Summer and our activities here at The Village. Throughout July, Johnnae and the Life Enrichment team (Savannah and Justin) have been buzzing with energy. From our garden to our exercise sessions, cooking club, and crafts, it's been wonderful to see so many of you taking part and enjoying yourselves. Your enthusiasm and participation truly makes The Village a special place to live. Looking ahead to August, we have an exciting lineup of events and activities planned to make the most of these final weeks of summer. Check out our August activity calendar so you don't miss a beat. Thank you for being part of our wonderful community. Together, let's make August a month to remember!

HAPPY Birthday

Residents

- Sandra, 8/02
- Don, 8/02
- David, 8/05
- Ann, 8/10
- Jan, 8/11
- Milton, 8/14
- Annie Marie, 8/18

Staff


- Ezra, 8/01
- Jasmine, 8/01
- Iulieta, 8/04
- Juelian, 8/12
- Frankie, 8/13
- Dawn, 8/17
- Justin, 8/22
- Johnnae, 8/25
- Alejandro, 8/28

AUGUST 2024

The Village • Independent & Assisted Living •

4707 S. Orchard Street, Tacoma, WA 98466 •

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SUN	MON	TUE	WED	THU	FRI	SAT
		<p>*For Saturday Outings please bring your own spending money.</p> <p>*Clubs are predominately resident led</p> <p>*Activities held in Memory Care are open to all residents</p>				
		<p>1 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Snack Cart 5:30 Music in the Lounge</p>	<p>2 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge</p>	<p>3 9:30 Chair Yoga 10:00 "In the Heat of the Night" Marathon 10:30 6th Ave Market Outing 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games</p>		
<p>4 Chocolate Chip Cookie Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Chocolate Chip Cookie Baking 2:00 Movie Matinee 4:00 Support Group 5:00 Weekend Wind Down</p>	<p>5 9:00 Rise & Stretch 9:30 Coffee & Journal 10:30 Gardening Club 12:30 Open Paint Studio 1:00 Activity Meeting 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge</p>	<p>6 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Trivia Hour! 2:00 Pet Therapy with Mr. Sinbad 2:30 Hawaiian Dance Basics 3:30 1st Floor Meet & Greet</p>	<p>7 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Paper Clay Sculpture 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Hoover Stew</p>	<p>8 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Resident Townhall 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Pops by the Pool 5:30 Music in the Lounge</p>	<p>9 Book Lover's Day 10:30 Library Trip! 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge</p>	<p>10 Bowling Day 9:30 Chair Yoga 10:00 "Popeye" Marathon 10:30 Scenic Drive & Rose Garden 1:30 Chess Club 2:00 Movie Matinee 3:30 Indoor Bowling</p>
<p>11 Sand Fun Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Sand Castle Competition 2:00 Movie Matinee 3:30 Mexican Trains 5:00 Weekend Wind Down</p>	<p>12 World Photo Week Begins 9:00 Rise & Stretch 9:30 Coffee & Journal 10:30 Gardening Club 12:30 Open Paint Studio 1:00 Photo Wall Install 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge</p>	<p>13 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Name That Song! 2:00 Pet Therapy with Mr. Sinbad 2:30 Balloon Volleyball 3:30 2nd Floor Meet & Greet</p>	<p>14 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Calligraphy 1:00 Memory Wellness Talk: with Matthew Santelli 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Quiche</p>	<p>15 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:00 Tech Support with Robert 5:30 Music in the Lounge</p>	<p>16 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 Happy Hour 5:30 Music in the Lounge</p>	<p>17 Elvis Day 9:30 Chair Yoga 10:00 Elvis Movies Marathon 10:30 Elvis Trivia Hour 12:30 Karaoke w/Elvis 2:00 Chess Club 3:30 Board Games</p>
<p>18 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Wheelchair Wash & Repair 5:00 Weekend Wind Down</p>	<p>19 9:00 Rise & Stretch 9:30 Coffee & Journal 10:30 Gardening Club 12:30 Open Paint Studio 1:00 Diabetic Management Talk: with Marlo Goetz 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge</p>	<p>20 Radio Day DR APPTS 9:30 Coffee & News Broadcast 10:30 Qi Gong 1:00 Live Music: Carson Lilley 2:00 Pet Therapy with Sinbad 2:30 Horseshoes 3:30 3rd Floor Meet & Greet</p>	<p>21 World Senior Citizen's Day 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Quilting 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Rice Krispy Treats</p>	<p>22 DR APPTS 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Pops by the Pool 5:30 Music in the Lounge</p>	<p>23 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 New Resident Mixer 5:30 Music in the Lounge</p>	<p>24 9:30 Blueberry Farm 10:00 "Candid Camera" Marathon 10:30 Chair Yoga 1:30 Chess Club 2:00 Movie Matinee 3:30 Board Games</p>
<p>25 Banana Split Day 9:30 Morning Meditation 10:30 Devotional & Social 12:30 Knitting Club 1:30 Open Games 2:00 Movie Matinee 3:30 Banana Split Soiree 5:00 Weekend Wind Down</p>	<p>26 World Photo Week Ends 9:00 Rise & Stretch 9:30 Coffee & Journal 10:30 Gardening Club 12:30 Open Paint Studio 2:00 Movie Matinee 3:30 Monday Manicures 5:30 Music in the Lounge</p>	<p>27 DR APPTS 9:30 Coffee & Chat 10:30 Qi Gong 12:30 Riddle Me This! 2:00 Pet Therapy with Mr. Sinbad 2:30 Billiards & Brews 3:30 4th Floor Meet & Greet</p>	<p>28 9:30 Coffee & Chat 10:30 Praise Covenant Church & Errands Run 12:30 Beadwork 2:00 Movie Matinee 2:30 Poker with Justin 3:00 Cooking Crew: Shish Kabobs</p>	<p>29 9:30 Coffee & Chat 10:30 Tai Chi 1:00 Bingo! 2:00 Gardening Club 2:30 Bridge & Cribbage Club 3:30 Tattoo Parlor 5:30 Music in the Lounge</p>	<p>30 College Colors Day 10:30 Trip to Wal-Mart & Fred Meyer 12:30 Sit & Be Fit: Dance 1:30 Flower Arranging 2:00 Movie Matinee 3:30 August Birthdays Party 5:30 Music in the Lounge</p>	<p>31 Labor Day Wknd. Begins 9:30 Chair Yoga 10:00 "The Zoo" Marathon 10:30 Tacoma Mall 1:30 Chess Club 2:00 Movie Matinee 3:30 Beer Pong</p>



THE VILLAGE
SENIOR LIVING
August 2024
upcoming events



Resident Townhall
August 1st at 1 PM
Dining Lounge

Elvis Day Event
August 17th from
10 AM-1:30 PM
Theater & Dining
Lounge

Carson Lilley
Performance
August 20th at 1 PM
Dining Lounge


La Rouge Performance
August 28th at 1 PM
Dining Lounge



Our mission is to create and maintain comfortable, caring environments for those who depend on us.

AUGUST 2024

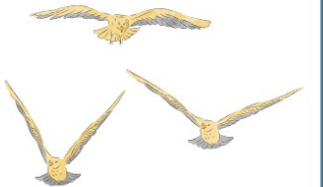
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SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:00 Hot Cocoa & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Weaving 5:30 Sundown Wind Down	2 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Salsa 2:30 Laundry Folding 3:00 Soccer 5:30 Sundown Wind Down	3 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
4 Chocolate Chip Cookie Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh: Cookie Cart 3:00 Cookie Ornaments 5:00 Weekend Wind Down	5 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jigsaw Puzzles 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	6 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:30 1st Floor Meet & Greet 5:30 Sundown Wind Down	7 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Summer Craft 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	8 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	9 Book Lover's Day 8:00 Hot Cocoa & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Parfaits 2:30 Laundry Folding 3:00 Basketball 5:30 Sundown Wind Down	10 Bowling Day 8:00 Coffee & News 9:00 Rise & Stretch 10:30 Scenic Drive & Rose Garden 11:00 Table Setting 12:30 Indoor Bowling 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
11 Sand Fun Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Sand Sensory Tub 5:00 Weekend Wind Down	12 World Photo Week Begins 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Brain Games 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	13 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Airhockey 5:30 Sundown Wind Down	14 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Beading 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	15 8:00 Cider & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Photo Album Scrapbooking 5:30 Sundown Wind Down	16 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Pretzels 2:30 Laundry Folding 3:00 Ring Toss 5:30 Sundown Wind Down	17 Elvis Day 8:00 Hot Cocoa & News 9:00 Rise & Stretch 10:00 Elvis Meet & Greet 11:00 Table Setting 12:30 Karaoke w/Elvis 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
18 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Hawaiian Dance Basics 5:00 Weekend Wind Down	19 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Jenga 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	20 Radio Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Manicures 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Listening Party: Historic Radio Broadcasts 5:30 Sundown Wind Down	21 World Senior Citizen's Day 8:00 Hot Cocoa & News 9:00 Rise & Stretch 10:30 Chill & Grill 12:30 Water Balloon Toss 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	22 8:00 Coffee & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	23 8:00 Cider & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Fruit Salad 2:30 Laundry Folding 3:00 Cornhole 5:30 Sundown Wind Down	24 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 11:00 Table Setting 12:30 Watercolor Painting 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down
25 Banana Split Day 8:00 Coffee & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Sunday Devotional 1:00 Classic Movie Matinee 2:30 Banana Splits 3:00 Crosswords 5:00 Weekend Wind Down	26 World Photo Week Ends 8:00 Coffee & News 9:00 Rise & Stretch 10:00 Chair Yoga 12:00 Garden Cleanup 1:00 Guess 5 2:30 Relax & Refresh 3:00 Group Art Therapy 5:30 Sundown Wind Down	27 8:00 Hot Cocoa & News 9:00 Early Morning Walk 11:00 Table Setting 12:30 Hand Massage 1:30 Pet Therapy with Mr. Sinbad 2:30 Relax & Refresh 3:00 Balloon Volleyball 5:30 Sundown Wind Down	28 8:00 Tea & Tunes 9:00 Rise & Stretch 10:30 Shoulder Massage 12:30 Paper Quilts 1:00 Classic Movie Matinee 2:30 Relax & Refresh 3:00 Group Reading 5:30 Sundown Wind Down	29 8:00 Hot Cocoa & News 9:00 Early Morning Walk 9:30 Morning Music Hour 11:00 Table Setting 1:00 Pops by the Pool 2:30 Relax & Refresh 3:00 Watercolor Painting 5:30 Sundown Wind Down	30 College Colors Day 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Toss & Talk 12:30 Bingo! 2:00 Village Cooking Crew: Popsicles 2:30 Laundry Folding 3:00 Velcro Catch 5:30 Sundown Wind Down	31 Labor Day Wknd Begins 8:00 Coffee & News 9:00 Rise & Stretch 9:30 Chair Yoga 10:30 Scenic Drive 11:00 Table Setting 12:30 Beer Pong 2:30 Relax & Refresh 3:00 Music Therapy 5:30 Sundown Wind Down



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Carson Lilley
Performance
August 20th at 1 PM
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La Rouge Performance
August 28th at 1 PM
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